

定期檢查 預防心臟病 延康意識 齊來響應

Regular Health Check, Prevent Heart Attack.
Health Aging, You can do it!

據衛生署統計，2017年香港約每十萬人便有56人死於心循環系統疾病，約佔全港於該年度死亡人數兩成，僅次於癌症和肺炎。

心臟由三條動脈提供氧份，以滋養心肌。血管的直徑若被堵塞，其血流會減少，當心臟因運動或情緒激昂，心肌會因得不到足夠的氧份，導致缺氧而壞死。病人臨床表現為前胸壓痛、冷汗、暈眩及呼吸困難。若搶救不及，將有生命危險。

心臟病的危險性在於病發前可全無先兆。
現今醫學界公認以下因素與心臟病有密切關係：

- 高血脂（膽固醇及三酸甘油酯）
- 高血壓
- 高血糖（糖尿病）
- 身體過重
- 抽煙

According to statistics from the Department of Health, in the year 2017, every 56 person per 100,000 population died of Cardiovascular diseases including Heart Attacks and Strokes, just came third after Cancer & Pneumonia.

The commonly called “Heart Attack” is a result of blockage of the “Coronary Arteries”. These arteries provide nutrients and oxygen to the heart muscles. During exercise and stress, the blocked vessels cannot provide adequate supply. Consequently the heart muscles are damaged, the heart loses its function as a pump. The patient develops chest pain, collapses and can die suddenly.

We now know the following factors lead to Heart Attacks:

- High cholesterol
- High blood pressure
- High blood sugar (Diabetes)
- Overweight
- Smoking

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仁安醫院以專業的團隊，先進的儀器，為閣下提供全面的心循環系統檢查。

Being staffed by experienced medical professionals and equipped with state-of-the-art equipment, Union Hospital provides a comprehensive health screening for underlying cardiovascular disease.



檢查項目 Check-up Items

		計劃 Plan 1	計劃 Plan 2	計劃 Plan 3
醫生諮詢 Doctor Consultation	醫生諮詢及初步評估 (首次到訪) Doctor's Consultation & Assessment (First Visit)	●	●	●
	醫生會診及報告分析 (第二次到訪) Doctor's Consultation & Medical Report Analysis (Second Visit)	●	●	●
基本健康評估 Basic Health Assessment	身體檢查 (體重、身高、血壓、脈搏) 及病歷評估 Physical Examination (Body Weight, Height, Pulse, Blood Pressure) & Health History Assessment	●	●	●
	體質量指標 BMI (by Calculation)	●	●	●
化驗室檢驗 Laboratory Tests				
血液檢查 Blood Analysis	全血球計算 (14項) Complete Blood Count (14 items)	●	●	●
血脂分析 Lipid Profile	膽固醇 Cholesterol	●	●	●
	三酸甘油酯 Triglyceride	●	●	●
	高、低密度膽固醇 HDL, LDL	●	●	●
糖尿病檢驗 Diabetic Screening	禁食後葡萄糖量 Fasting Glucose	●	●	●
腎功能 Renal Functions	全腎功能測試 (8項) Full Renal Function Tests (8 items)	●	●	●
小便檢查 Urine Tests	小便常規 (20項) Urinalysis (20 items)	●	●	●
醫療造影檢驗 Medical Imaging				
X光 X-Ray	肺部X光 Chest X-Ray	-	●	-
電腦掃描 Computed Tomography (CT)	冠狀動脈造影 CT Coronary Angiogram	-	-	●
	心臟外圍檢驗 CT Extra Cardiac Screening	-	-	●
	冠狀動脈鈣化評分 CT Calcium Score	-	-	●
其他項目 Other Item				
心臟健康檢查 Cardiac Health Screening	靜臥心電圖 Resting Electrocardiogram	-	-	●
	運動心電圖 Treadmill	●	●	-
營養健康管理 Nutritional Management	營養師諮詢 Dietitian Consultation	●	●	●
詳盡報告評估 Detailed Medical Report		●	●	●
原價 Original Charges		HK\$5,842	HK\$6,122	HK\$15,242
套餐價錢 Package Charges		HK\$4,000	HK\$4,200	HK\$8,300

• 檢查套餐不適用於住院客人 Checkup packages are not applicable to inpatient clients