

預防勝於治療

Prevention is better than cure

仁安醫院提供多種類型的健康檢查計劃，亦設有多種其他檢查項目以供選擇，務求完全適合不同人士的需要。

Union Hospital provides different types of healthcheck packages and a whole range of optional tests to accommodate individual needs.



女士健康計劃

Well Woman Programmes



男士健康計劃

Men's Health Screening Programmes



知心計劃

Know Your Heart Programme



職業司機健康人生體檢計劃

Health Screening Programme for Professional Drivers



僱員健康檢查計劃

Employee's Check-up Package



家務助理健康檢查計劃

Domestic Helper Check-up Package



婚前健康檢查計劃

Pre-marital Check-up Package



防疫注射計劃

(甲型、乙型肝炎疫苗及子宮頸癌疫苗等)

Immunization Packages

(Hepatitis A, Hepatitis B and HPV vaccines etc.)

仁安保健中心 Union Health Maintenance Centre

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健康檢查

Health Check



仁心、安心、貼您心

Caring · Reliable · Empathetic

檢查項目 Check-up Items

		精選 Comprehensive	特級 Elite	至尊 I Supreme I		至尊 II Supreme II		臻萃 I Monarch I		臻萃 II Monarch II	
醫生諮詢 Doctor Consultation	醫生諮詢及初步評估 (首次到訪) Doctor's Consultation & Assessment (First Visit)	●	●	●	●	●	●	●	●	●	●
	醫生會診及報告分析 (第二次到訪) Doctor's Consultation & Medical Report Analysis (Second Visit)	—	●	●	●	●	●	●	●	●	●
	醫生電話講解報告 Medical Report Explained by Doctor Via Phone	●	—	—	—	—	—	—	—	—	—
基本健康評估 Basic Health Assessment	身體檢查 (體重、身高、血壓、脈搏) 及病歷評估 Physical Examination (Body Weight, Height, Pulse, Blood Pressure) & Health History Assessment	●	●	●	●	●	●	●	●	●	●
	體質量指標 BMI (by Calculation)	●	—	—	—	—	—	—	—	—	—
	體質量指標 BMI (by Body Impedance Analysis)	—	●	●	●	●	●	●	●	●	●
化驗室檢驗 Laboratory Tests											
血液檢查 Blood Analysis	全血球計算 (14項) Complete Blood Count (14 items)	●	●	●	●	●	●	●	●	●	●
	膽固醇 Cholesterol	—	—	—	—	—	—	—	—	—	—
血脂分析 Lipid Profile	三酸甘油酯 Triglyceride	●	●	●	●	●	●	●	●	●	●
	高、低密度膽固醇 HDL, LDL	—	—	—	—	—	—	—	—	—	—
糖尿病檢驗 Diabetic Screening	禁食後葡萄糖量 Fasting Glucose	●	●	●	●	●	●	●	●	●	●
	糖化血色素 HbA1c	—	●	●	●	●	●	●	●	●	●
腎功能 Renal Functions	尿素 Urea	●	●	—	—	—	—	—	—	—	—
	肌酸酐 Creatinine	●	●	—	—	—	—	—	—	—	—
	全腎功能測試 (8項) Full Renal Function Tests (8 items)	—	—	●	●	●	●	●	●	●	●
肝功能 Liver Functions	全肝功能測試 (9項) Liver Function Tests (9 items)	●	●	●	●	●	●	●	●	●	●
	乙型肝炎表面抗體 HBsAb	●	●	●	●	●	●	●	●	●	●
肝炎檢查 Hepatitis Screening	乙型肝炎表面抗原 HBsAg	●	●	●	●	●	●	●	●	●	●
	甲型肝炎抗體 HAV Ab	—	—	—	—	—	—	—	—	—	—
	丙型肝炎抗體 HCV	—	—	—	—	—	—	—	—	—	—
痛風症測試 Gout Screening	尿酸 Uric Acid	—	●	●	●	●	●	●	●	●	●
甲狀腺功能 Thyroid Function	促甲狀腺激素 Thyroid Stimulating Hormone (TSH)	—	—	●	●	●	●	●	●	●	●
癌症指標測試 Cancer Screening	總前列腺特異抗原 Prostate Specific Antigen (PSA)	—	—	●	—	●	—	●	—	●	—
	柏氏子宮頸細胞塗片檢查 Pelvis Examination including Pap smear	—	—	—	●	—	●	—	●	—	●
小便檢查 Urine Tests	小便常規 (20項) Urinalysis (20 items)	●	●	●	●	●	●	●	●	●	●
	大便常規 (6項) Stool Routine (6 items)	—	—	●	●	●	●	●	●	●	●
大便檢查 Stool Tests	大便隱血 Occult Blood	—	—	●	●	●	●	●	●	●	●
	大便常規 (6項) Stool Routine (6 items)	—	—	●	●	●	●	●	●	●	●
醫療造影檢驗 Medical Imaging											
乳房檢查 Breast Examination	二维乳房 X光造影 2D Breasts Mammogram	—	—	—	—	—	—	—	—	—	—
	乳房超聲波 Breasts Ultrasound	—	—	—	—	—	—	—	—	—	—
超聲波 Ultrasound	全腹腔超聲波 (上腹腔+盆腔) Whole Abdomen Ultrasound (Abdomen + Pelvis)	—	●	●	●	●	●	●	●	●	●
	冠狀動脈造影 CT Coronary Angiogram	—	—	—	—	●	●	—	—	●	●
電腦掃描 Computed Tomography (CT)	心臟外圍檢驗 CT Extra Cardiac Screening	—	—	—	—	●	●	—	—	●	●
	冠狀動脈鈣化評分 CT Calcium Score	—	—	—	—	●	●	—	—	●	●
磁力共振 Magnetic Resonance Imaging (MRI)	全腹腔磁力共振 (上腹腔+盆腔) Whole Abdomen (Abdomen + Pelvis) MRI (Plan)	—	—	—	—	—	—	●	●	●	●
其他項目 Other Item											
心臟健康檢查 Cardiac Health Screening	靜臥心電圖 Resting Electrocardiogram	●	●	—	—	●	●	●	●	●	●
	運動心電圖 Treadmill	—	—	●	●	—	—	—	—	—	—
男士排尿功能檢查 Men Uroflow Test	尿流速測試 Uroflowmetry	—	—	●	—	●	—	●	—	●	—
	剩尿測試 Post-void Bladder Scan	—	—	●	—	●	—	●	—	●	—
	國際前列腺症狀評分 I-PSS	—	—	●	—	●	—	●	—	●	—
營養健康管理 Nutritional Management	營養師諮詢 Dietitian Consultation	●	●	●	●	●	●	●	●	●	●
詳盡報告評估 Detailed Medical Report		●	●	●	●	●	●	●	●	●	●
原價 Original Charges		HK\$5,189	HK\$10,443	男士 Male HK\$15,093	女士 Female HK\$15,800	男士 Male HK\$24,493	女士 Female HK\$25,290	男士 Male HK\$24,754	女士 Female HK\$25,551	男士 Male HK\$36,354	女士 Female HK\$37,151
套餐價錢 Package Charges		HK\$3,350	HK\$6,500	HK\$9,700	HK\$10,400	HK\$14,000	HK\$14,700	HK\$15,800	HK\$16,500	HK\$21,600	HK\$22,300

隨著香港的繁榮進步，都市病愈趨普遍。如能及早發現潛在的疾病，治療及康復的機會亦相對提高，因此，定期的健康檢查更顯重要。

In Hong Kong, diseases associated with an affluent society are prevalent. Living in such an environment with an almost inevitable stressful lifestyle, regular annual health check-up becomes very important. It aims at detecting disease at its early stage and offering advice on preventive measures to reduce risk factors.

同日接受其他檢查項目，最高可獲八折優惠。
Up to 20% discount will be offered to extra test with above packages on the same day.

- 運動心電圖 Treadmill
- 排尿流動量測試及膀胱超聲波掃描 Uroflowmetry and Bladder Scan
- 血型及Rh因子 Blood Group / Rh Type
- 腫瘤測試 (癌胚抗原、鼻咽癌病毒基因、甲種胎兒蛋白) Tumour Markers (CEA, EBV, Alpha-Fetoprotein)
- 愛滋病毒抗體 HIV Antibody
- 柏氏子宮頸細胞塗片檢查 Pap Smear (Female)
- 全腹腔超聲波掃描檢查 U/S Whole Abdomen
- 2D/3D 乳房X光造影 2D/3D Mammogram
- 乳房超聲波 U/S Breasts
- 超聲波前列腺檢查 U/S Prostate
- 骨質疏鬆X光檢查 (脊椎骨及盆骨) Bone Densitometry (Spine and Hip)
- 低輻射量胸肺電腦掃描 Low dose CT Thorax
- 過敏血液測試 Allergy Profile
- 大腸癌大便檢測 Colorectal Cancer Screening
- 營養師跟進 Dietitian Consultation

* 未必可於體檢當日進行 May not be done on the check-up day.

檢查須知 Preparations

- 檢查前禁飲食八小時或以上。
Do not drink or eat anything at least 8 hours before check-up.
- 如有需要只可飲用少量清水。
Only drinking sips of water is allowed if necessary.
- 須時服藥人士可繼續按時服藥 (糖尿藥除外)。
Please continue your regular medication except diabetic drugs.
- 請攜帶所服用的藥物及以往之檢查報告。
Please bring your medications and past reports.
- 參加至尊檢查者須準備運動裝束及跑步鞋。
For Supreme Package participants, please bring sports wear & shoes.
- 參加臻萃檢查者須於檢查前十二小時開始禁止做運動、飲咖啡、茶及可樂。如患有糖尿病，必須於檢查當日及其後四十八小時停止服用藥物甲福明，請通知主診醫生於檢查前作出安排。
For Monarch Package participant, please avoid doing exercise, drinking coffee, tea and coke 12 hours before examination. If you are Diabetic, please withhold Metformin on the day of examination, and for the following 48 hours. Please inform Attending Doctor for arrangement before examination.

• 檢查套餐不適用於住院客人 Checkup packages are not applicable to inpatient clients