

沙田國際醫務中心仁安醫院 SHATIN INTERNATIONAL MEDICAL CENTRE UNION HOSPITAL



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Union Hospital Launches the First Bariatric Surgery Clinic in China (Hong Kong)

With the rapid growth and development in the economy of Hong Kong and China, obesity and its associated metabolic syndrome are increasingly a health and societal burden to the region. It is estimated that one third of Hong Kong population are overweight and 4 % are medically obese (BMI > 30). These figures are alarming, as many obese patients will inevitably suffer from metabolic syndrome and premature mortality.

While life-style modification, exercise, dietary training and medical therapy may be effective in weight control for slightly overweight people, those who are severely obese often fail with these simple measures. Bariatric surgery has been proven to be the most cost-effective and long-lasting method in the management of such conditions. It is becoming one of the most common operations in the western world and gaining popularity in Asia in recent years. The demand for such service is steadily increasing especially in China.

Union Hospital is setting up the first bariatric surgery clinic in China (Hong Kong) at its Minimally Invasive Centre to provide quality healthcare services and continue medical researches related to this field in collaboration with the Chinese University of Hong Kong. Union Hospital has obtained the exclusive right in Hong Kong to offer bariatric surgeries using Bioenterics Intragastric Balloon (BIB[®] System) and laparoscopic adjustable gastric banding (LapBand[®] System) and becomes a unique pioneer centre in bariatric surgeries in China (Hong Kong). In addition, Union Hospital has recently introduced laparoscopic sleeve gastrectomy to treat obesity and its related illnesses to provide an alternate choice for patients.

The Clinic is run by experts in bariatric surgery, dietitians, nurses, physiotherapists and researchers of the hospital. The mission is to deliver top-quality services for patients with a transparent pricing structure and to continue educational and medical researches in this field of surgery.

For enquiry, please contact Ms Win Chan, Marketing Manager, at

Tel : 2608 3182 Fax : 2605 4499 Email : mar@union.org