

定期檢查 預防心臟病 延康意識 齊來響應

Regular Health Check, Prevent Heart Attack.
Health Aging, You can do it!

據衛生署統計，2017年香港約每十萬人便有56人死於心循環系統疾病，約佔全港於該年度死亡人數兩成，僅次於癌症和肺炎。

心臟由三條動脈提供氧份，以滋養心肌。血管的直徑若被堵塞，其血流會減少，當心臟因運動或情緒激昂，心肌會因得不到足夠的氧份，導致缺氧而壞死。病人臨床表現為前胸壓痛、冷汗、暈眩及呼吸困難。若搶救不及，將有生命危險。

心臟病的危險性在於病發前可全無先兆。
現今醫學界公認以下因素與心臟病有密切關係：

- 高血脂（膽固醇及三酸甘油酯）
- 高血壓
- 高血糖（糖尿病）
- 身體過重
- 抽煙

According to statistics from the Department of Health, in the year 2017, every 56 person per 100,000 population died of Cardiovascular diseases including Heart Attacks and Strokes, just came third after Cancer & Pneumonia.

The commonly called “Heart Attack” is a result of blockage of the “Coronary Arteries”. These arteries provide nutrients and oxygen to the heart muscles. During exercise and stress, the blocked vessels cannot provide adequate supply. Consequently the heart muscles are damaged, the heart loses its function as a pump. The patient develops chest pain, collapses and can die suddenly.

We now know the following factors lead to Heart Attacks:

- High cholesterol
- High blood pressure
- High blood sugar (Diabetes)
- Overweight
- Smoking

仁安保健中心 Union Health Maintenance Centre

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Know Your Heart Programmes

仁安醫院以專業的團隊，先進的儀器，為閣下提供全面的心循環系統檢查。

Being staffed by experienced medical professionals and equipped with state-of-the-art equipment, Union Hospital provides a comprehensive health screening for underlying cardiovascular disease.



檢查項目 Checkup Tests	計劃 1 Plan	計劃 2 Plan	計劃 3 Plan
身體檢查 Physical Examination (量度體重、身高、脈搏、血壓及體重指標) (Weight, Height, Blood Pressure & BMI)	✓	✓	✓
醫生會診及詳盡檢查報告 Doctor Consultation and detailed medical report	✓	✓	✓
化驗室檢驗 Laboratory Test			
全血球計算 Complete Blood Count	✓	✓	✓
糖尿病檢驗 Diabetic Screening (禁食後葡萄糖量) (Fasting Glucose)	✓	✓	✓
血脂分析 Lipid Profile (膽固醇、三酸甘油酯、高低密度膽固醇) (Cholesterol, Triglyceride, HDL & LDL)	✓	✓	✓
腎功能 Renal or Kidneys Functions (尿素、肌酸酐、鈉、鉀、氯化物) (Urea, Creatinine, Na, K, Cl)	✓	✓	✓
小便檢驗 Urine Test (尿糖、蛋白、血等十項測試) (Sugar, Albumin and Blood etc)	✓	✓	✓
心臟評估 Cardiac Assessment			
心電圖 Electrocardiogram (ECG)	-	-	✓
運動心電圖 Treadmill Exercise Test	✓	✓	-
醫療造影 Medical Imaging			
胸部X光 Chest X-Ray	-	✓	-
冠狀動脈造影及冠狀動脈鈣化評分 CT Angiogram + Calcium Score	-	-	✓
心臟外圍檢驗 Extra Cardiac Screening	-	-	✓
費用 Charges	\$3,520	\$3,700	\$7,210