



Procedure Information

Water Soluble Contrast Swallow

Introduction

Water Soluble Contrast Swallow is a radiological examination of imaging the oesophagus with the introduction of water-soluble contrast. The procedure is performed by radiologist under fluoroscopy.

Indications

Your doctor may recommend a Water Soluble Contrast Swallow if you encounter any abnormal symptoms or have concerns, including:

- Discomfort or difficulties when swallowing
- Dysphagia that can be due to tumor or stricture
- Achalasia
- Assessment of post-operative complications or check the recovery stage

Procedures

1. Radiologist will take a series of X-rays while you are swallowing the water soluble contrast medium.

Possible Risks and Complications

1. Rare but serious complications:
 - Aspiration of water soluble contrast medium
 - Allergy to water soluble contrast medium

** The risks listed above are in general terms and the possibility of complications is not exhaustive. Please understand that even though all procedures are carried out with utmost professionalism and care, this does not rule out the possibility of complications arising and may require another operation to deal with the complications.

Pre-procedure Preparations

1. The procedure and possible complications will be explained by the doctor and a consent form must be signed prior to the procedure.
2. Please inform the doctor and nurse all your past medical history, previous surgical operations, current medication and any complication with drug or anaesthesia.
3. Female who are or might be pregnant must inform to the staff.
4. Please bring all relevant imaging films and reports for comparison.
5. Please change into a surgical gown after removing clothing including undergarments, dentures, and jewellery.

Post-procedure Instructions

1. Please drink plenty of water.
2. You can resume normal activities or follow the doctor's instruction.

Should there be any enquiries or concerns, please consult our department (MEI).

Under the professional care of the doctor, you will gradually recover. We wish you all the best during your treatment and recovery.

If you have any questions after reading the entire leaflet, please write them down in the spaces provided in order for the doctor to further follow-up.

Compiled by Union Hospital Operating Theatre (OT) Governance Committee

The above information is for reference only, please enquire your physician for details
Our Hospital reserves the RIGHT to amend any information in this leaflet without prior notification