



Operation Information

Marsupialization of Bartholin Cyst

Introduction

Bartholin Cyst is a small fluid-filled sac inside the opening of the vagina. It occurs when a Bartholin's gland is blocked and the gland becomes inflamed. During the acute stage an abscess may form. It may be caused by bacterial infection or inflammation. Marsupialization is a common surgical treatment for Bartholin Cyst. It will create a small pouch which allows the fluid to drain out. Doctor will recommend this operation for the patient when symptoms arise.

Outcomes

The expected outcome of this procedure is to drain any fluid or pus inside the cyst or abscess and to prevent the cyst from reoccurring.

Procedures

1. The operation is performed under local or general anaesthesia.
2. Lithotomy position is required.
3. Make a small cut in the cyst.
4. The fluid is drained out.
5. The edges of the skin are stitched to make a small "kangaroo pouch".
6. The marsupialization is completed.

Possible Risks and Complications

1. Infection
2. Bleeding
3. The cyst returning

** The risks listed above are in general terms and the possibility of complications is not exhaustive. Please understand that even though all operations are carried out with utmost professionalism and care, this does not rule out the possibility of complications arising. In the event of peripheral organ damage or post-operative haemorrhage or leakage, further operations may be required.

Pre-operative Preparations

1. Good hygiene can prevent surgical wound infection. Therefore, we advise you to clean up yourself on the day of operation.
2. The procedure and possible complications will be explained by the doctor and a consent form must be signed prior to the operation.
3. Please inform the doctor and nurse all your past medical history, previous surgical operations, current medication and any complication with drug or anaesthesia.
4. A pelvic examination may be needed.
5. Clipping of hair on the operation site may need as required.
6. Nurse will supply a surgical soap to you for wash the operation site.
7. No food or drink six hours before operation. (For general anaesthesia only)
8. Please change into a surgical gown after removing all belongings including undergarments, dentures, jewelry and contact lenses.
9. Please empty your bladder before the operation.

Post-operative Instructions

General

1. After general anaesthesia, you may:
 - experience discomfort in the throat after tracheal intubation.
 - experience side effects of anaesthesia including feel tired, drowsy, nausea or vomiting. Inform the nurse if symptoms persist or worsen.
2. This operation requires short stay of hospitalization and full recovery can take about two weeks.

Wound Care

1. You should keep the area clean and dry by bathing or showering daily.
2. You may notice a small amount of bleeding or weeping from your wound site, this may last for a few weeks.

Diet

A normal diet may be resumed as instructed after recovery from general anaesthesia.

Advice on Discharge

1. The medication should be taken as prescribed by the doctor.
2. Sanitary pads (**not tampons**) may be used for a few weeks for the vaginal discharge.
3. Please be careful to wipe from front to back after using the toilet.
4. Sexual activities can be resumed after four weeks.
5. You can take a bath or shower as normal, please avoid long soaks in the bath and bubble baths, oils or talcum powder while the wound is healing.
6. Do not use perfumed bath products until you are fully healed.
7. Please wear comfortable, breathable underwear. You should avoid tight fitting clothes until you are pain free.
8. Avoid swimming for at least two weeks, until you are fully healed.
9. Immediately consult your doctor or return to hospital for professional attention in the event of persistent bleeding or an unpleasant discharge from vagina, severe pain, shivering, high fever over 38°C or 100.4°F, or any other unusual symptoms etc.
10. Any follow-up consultations should be attended as scheduled.

Should there be any enquiries or concerns, please consult the attending doctor.

Under the professional care of the doctor, you will gradually recover. We wish you all the best during your treatment and recovery.

If you have any questions after reading the entire leaflet, please write them down in the spaces provided in order for the doctor to further follow-up.

Compiled by Union Hospital Operating Theatre (OT) Governance Committee

The above information is for reference only, please enquire your physician for details
Our Hospital reserves the RIGHT to amend any information in this leaflet without prior notification

