Operation Information

Marsupialization of Bartholin Cyst

Introduction
Bartholin Cyst is a small fluid-filled sac inside the opening of the vagina. It occurs when a Bartholin’s gland is blocked and the gland becomes inflamed. During the acute stage an abscess may form. It may be caused by bacterial infection or inflammation. Marsupialization is a common surgical treatment for Bartholin Cyst. It will create a small pouch which allows the fluid to drain out. Doctor will recommend this operation for the patient when symptoms arise.

Outcomes
The expected outcome of this procedure is to drain any fluid or pus inside the cyst or abscess and to prevent the cyst from reoccurring.

Procedures
1. The operation is performed under local or general anaesthesia;
2. Lithotomy position is required;
3. Make a small cut in the cyst;
4. The fluid is drained out;
5. The edges of the skin are stitched to make a small "kangaroo pouch";
6. The marsupialization is completed.

Possible Risks and Complications
1. Infection
2. Bleeding
3. The cyst returning

** The risks listed above are in general terms and the possibility of complications is not exhaustive. You should understand that even though all operations are carried out with utmost professionalism and care this does not rule out the possibility of complications arising. In the event of peripheral organ damage or post-operative haemorrhage or leakage, further operations may be required.

Pre-operation Preparations
1. The procedure and possible complications will be explained by the doctor and a consent form must be signed prior to the operation.
2. You should inform the doctor and nurse all your past medical history, previous surgical operations, current medication and any complication with drug or anaesthesia.
3. A pelvic examination may be needed.
4. Eating and drinking should be avoided for at least six hours before the operation. (For general anaesthesia only).
5. Shaving on the operation site may need as required.
6. Nurse will supply a surgical soap to you for wash the operation site.
7. You should change into a surgical gown after removing all belongings including undergarments, dentures, jewellery and contact lenses.
8. You should ensure your bladder is empty before the procedure.
Post-operation Instructions

General
1. After general anesthesia, you may:
   - experience discomfort in the throat after tracheal intubation.
   - experience side effects of anesthesia including feel tired, drowsy, nausea or vomiting. Inform the nurse if symptoms persist or worsen.
2. This operation requires short stay of hospitalization and full recovery can take about two weeks.

Wound Care
1. You should keep the area clean and dry by bathing or showing daily.
2. You may notice a small amount of bleeding or weeping from your wound site, this may last for a few weeks.

Diet
A normal diet may be resumed as instructed after recovery from general anaesthesia.

Advices on discharge
1. The medication should be taken as prescribed by the doctor.
2. Sanitary pads (not tampons) may be used for a few weeks for the vaginal discharge.
3. Sexual activities can be resumed after four weeks.
4. You can take a bath or shower as normal, please avoid long soaks in the bath and bubble baths, oils or talcum powder while the wound is healing.
5. Do not use perfumed bath products until you are fully healed.
6. You should avoid tight fitting clothes until you are pain free.
7. Avoid swimming for at least two weeks, until you are fully healed.
8. You should immediately return to the doctor or hospital for professional attention in the event of persistent bleeding or an unpleasant discharge from vagina, shivering, fever over 38°C or 100°F, any other unusual symptoms etc.

Should there be any enquiries or concerns, please consult the attending doctor. The attending doctor will be pleased to answer such enquiries and explain to you.

Under the professional care of the doctor, you will gradually recover. We wish you all the best during your treatment and recovery.

If you have any questions after reading the entire leaflet, please write them down in the spaces provided in order for the doctor to further follow-up.

 Compiled by Union Hospital Consent Form Committee

The above information is for reference only, please enquire your physician for details
Our Hospital reserves the RIGHT to amend any information in this leaflet without prior notification