



Operation Information

Termination of Pregnancy

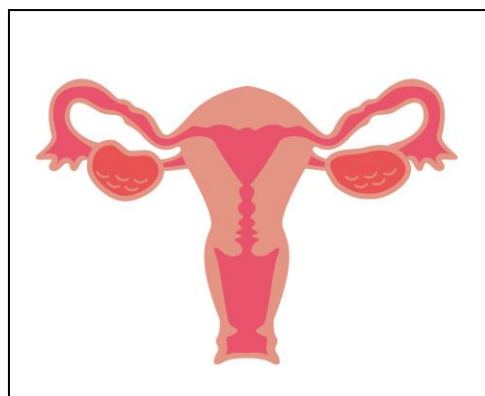
Indications

State anxiety / Abnormal fetus / Maternal medical condition

Outcomes

The operation can help:

1. If continuation of pregnancy would involve risk to the life, physical or mental health of the pregnant woman greater than if the pregnancy were terminated
2. If the child to be born would be severely handicapped as a result of physical or mental abnormality.



Procedures

1. Priming of cervix if necessary.
2. Usually the operation is performed under general anaesthesia. You would have to discuss with the doctor if you prefer another type of anaesthesia.
3. Cervical dilatation if necessary.
4. Insertion of the suction tube.
5. Uterine content evacuated under negative pressure.

Possible Risks and Complications

1. Excessive bleeding (0.1%), blood transfusion may be required.
2. Cervical tear (1%).
3. Uterine perforation (0.1% - 0.4%).
4. Intrauterine adhesions.
5. Cervical incompetence.
6. Failure to terminate pregnancy or incomplete abortion.
7. Another Dilatation and Curettage of Uterus may be required if bleeding or infection occurs due to retained products of gestation.
8. Pelvic infection (1%) and adverse effect on future fertility.
9. Trauma to other organs necessitating laparoscopy / laparotomy.
10. Third stage complications in future.
11. Adverse psychological sequelae.

** The risks listed above are in general terms and the possibility of complications is not exhaustive. Please understand that even though all operations are carried out with utmost professionalism and care, this does not rule out the possibility of complications arising. In the event of peripheral organ damage or post-operative haemorrhage or leakage, further operations may be required.

Pre-operative Preparations

1. The procedure and possible complications will be explained by the doctor and a consent form must be signed prior to the operation.
2. Please inform the doctor and nurse all your past medical history, previous surgical operations, current medication and any complication with drug or anaesthesia.
3. You should have a shower and hair wash the night before the operation. The perineum should be kept clean.
4. No food or drink six hours before operation. (For general anaesthesia only)
5. Please change into a surgical gown after removing all belongings including undergarments, dentures, jewelry and contact lenses.
6. Please empty your bladder before the operation.

Post-operative Instructions

1. After general anaesthesia, you may:
 - experience discomfort in the throat after tracheal intubation.
 - experience side effects of anaesthesia including feel tired, drowsy, nausea or vomiting. Inform the nurse if symptoms persist or worsen.
2. Bed rest for 2 to 3 hours.
3. Start with small amount of water after rest. If water is tolerated well, patient can eat easily digestible food such as congee, sandwiches and macaroni etc (unless there are special instructions).
4. You can be discharged only if you are fully conscious, tolerant of oral intake, able to pass urine and feeling well (unless there are special instructions).

Advice on Discharge

1. You should take more rest for a few days after operation.
2. Please refrain from consuming alcoholic beverages and herbal medicine such as Astragali Radix (北芪), Angelicae Sinensis Radix (當歸), Ginseng Radix (人蔘), Pseudoginseng (田七) and Deer Antler Velvet (鹿茸) etc. for a few days after the operation.
3. Maintain good personal hygiene. It is preferable to take a shower rather than a bath.
4. Should attend follow-up consultations 2 weeks later or as the date instructed by your doctor.
5. Post-op follow up: Contraceptive advice (please discuss with doctors).

Alternative Treatment

1. Medical treatment.
2. Continuation of pregnancy and seeking assistance from Birthright Society or Mother's Choice if necessary.

Should there be any enquiries or concerns, please consult the attending doctor.

Under the professional care of the doctor, you will gradually recover. We wish you all the best during your treatment and recovery.

If you have any questions after reading the entire leaflet, please write them down in the spaces provided in order for the doctor to further follow-up.

Compiled by Union Hospital Operating Theatre (OT) Governance Committee

The above information is for reference only, please enquire your physician for details
Our Hospital reserves the RIGHT to amend any information in this leaflet without prior notification

