



Procedure Information

Removal of Foreign Body (Throat)

Introduction

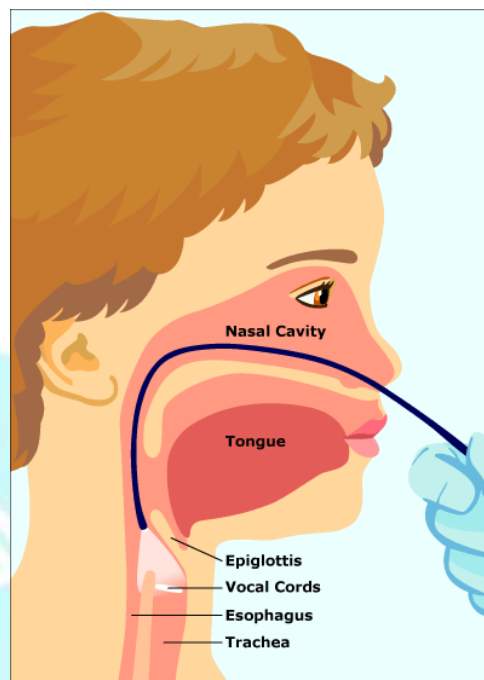
Transnasal Flexible Laryngoscopy (TNFL) is an endoscopic procedure used for examination of the back of the throat. It allows the doctor to see deeper in the throat and to remove a foreign body such as fish bone or any objects if present.

Outcomes

It is expected that foreign body in the throat is removed, in order to maintain the airway and relieve discomfort. However, not all objects are suitable for extraction or thoroughly extracted by this method.

Procedures

1. The procedure is performed under local anaesthesia.
2. TNFL is inserted through the nose to the throat for visualization.
3. If a foreign body is detected, a pair of forceps is passed through the endoscope for removal of the foreign body.



Source:
<https://kidshealth.org/en/parents/laryngoscopy.html>

Possible Risks and Complications

1. Infection
2. Bleeding (very rare)

** The risks listed above are in general terms and the possibility of complications is not exhaustive. Please understand that even though all procedures are carried out with utmost professionalism and care, this does not rule out the possibility of complications arising.

Pre-procedure Preparations

1. The procedure and possible complications will be explained by the doctor and a consent form must be signed prior to the procedure.
2. Please inform the doctor and nurse all your past medical history, previous surgical operations, current medication and any complication with drug or anaesthesia. Please inform doctor if you are taking medications that affect blood coagulation, such as Aspirin, Warfarin, Xarelto, Pradaxa, Chinese herbal medicine and dietary supplements.

Post-procedure Instructions

1. After an hour of the procedure, a sip of water can be taken as instructed. A normal diet can be resumed as tolerated.
2. You may have a sore throat or swallowing discomfort for a day. Sucking ice cubes may ease the discomfort. Prescription pain medication may be taken as needed.
3. Immediately consult your doctor or return to hospital for professional attention in the event of severe pain or bleeding from the throat, difficulty swallowing, shivering, high fever over 38°C or 100.4°F, or any other unusual symptoms.
4. Any follow-up consultations should be attended as scheduled.

Should there be any enquiries or concerns, please consult the attending doctor.

Under the professional care of the doctor, you will gradually recover. We wish you all the best during your treatment and recovery.

If you have any questions after reading the entire leaflet, please write them down in the spaces provided in order for the doctor to further follow-up.

Compiled by Union Hospital Operating Theatre (OT) Governance Committee

The above information is for reference only, please enquire your physician for details
Our Hospital reserves the RIGHT to amend any information in this leaflet without prior notification