

查詢或預約，歡迎聯絡我們

# 創新 水冷介入射頻技術 (Sinergy 手術)

有效解除低腰背痛



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## What is RF Treatment for SIJS?

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Sacroiliac Joint Neurotomy treatment using the Pain Management Sinergy System was developed by Baylis Medical to help treat chronic sacroiliac joint pain. This form of chronic pain, also known as sacroiliac joint syndrome (SIJS), can now be treated using radiofrequency technology to safely and effectively disable the sensory nerves that may be responsible for pain. During the procedure, the patient lies on a table, is usually mildly sedated, and the area to be treated is numbed. Pain Management Sinergy Probes are placed into the back through an introducer needles, and the painful nerves are treated with gentle warming by radiofrequency waves. After the treatment, the probe and needles are removed and a bandage is placed over the treatment site. Disabling the sensory nerves in your SIJ region can potentially reduce your discomfort, and restore your ability to lead a normal life.

## Who can benefit from this treatment?

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If you have chronic sacroiliac joint pain, you may benefit from Sacroiliac Joint Neurotomy treatment using the Pain Management Sinergy System. However, only a qualified physician can properly diagnose you and suggest appropriate treatments. Talk to your pain management physician to see if RF treatment for SIJS is right for you.



## What do I do after the procedure?

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Because this procedure is minimally invasive, recovery is usually quick for most patients. However, you may be groggy from the sedative used during the procedure; and therefore require a responsible adult to drive you home afterwards. You may not drive or operate a motor vehicle on the day of your procedure. Following the procedure, patients will normally be sore at the treatment site. This is to be expected because the insertion of the needles may cause inflammation, and the heat from the treatment may cause some short-term tenderness. The use of cold packs and analgesics may be suggested by your physician. Treatment site discomfort should subside within 2 to 7 days, but may last as long as two weeks. Patients typically experience some level of relief from their SIJ pain within 2 to 10 days of the procedure.

## Are there any complications?

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As with any other minimally invasive procedures, side effects of Sacroiliac Joint Neurotomy treatment using the Pain Management SIenergy System are relatively rare. They could include infection, inflammation, and tenderness at the treatment site. Side effects are typically mild, and most patients generally feel better within a few days after the procedure. If you experience any side effects such as severe pain at the site of needle insertion, severe headaches, or swelling you should contact your doctor immediately.



## Prevalence of SIJ pain

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Chronic sacroiliac joint pain can be a frustrating and debilitating condition that is often hard to diagnose. Symptoms of sacroiliac joint (SI) pain are varied, but can include a severe aching discomfort across the lower back and buttock region that is usually worse in the early morning and after extended periods of sitting. Rest does not usually relieve chronic SIJ pain, and this dull, constant pain can radiate throughout the entire lower back region. Some estimates are that sacroiliac joint pain affects up to 30% of lower back pain sufferers. For some patients the pain subsides after a few months or with conservative treatment such as bed rest, or anti-inflammatory medication. For others the pain becomes chronic (lasting longer than six months) and may necessitate more invasive treatments. Sacroiliac Joint Neurotomy Treatment using the Pain Management Sinergy System is a new and alternative solution to manage chronic sacroiliac joint pain.



## How long does the procedure take?

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It takes approximately 45 minutes to treat a painful sacroiliac joint. It is performed as an outpatient procedure, does not involve general anesthesia, and patients normally return home shortly after the procedure. RF treatment for SIJS has been extensively studied. It is a safe method that offers a minimally invasive method to help treat chronic sacroiliac joint pain.

## When can I return to normal activity?

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Following consultation with your doctor, a return to normal activity may be possible one or two days after the procedure. It may be recommended that you pursue a course of physical therapy and avoid certain strenuous activities.

Find more information, visit our Web site  
[www.sinergysystem.com](http://www.sinergysystem.com)  
A treatment that may be a solution for  
your chronic sacroiliac joint pain