

Message from the Chief Hospital Manager

Dear Colleagues,

While on the topic of 'innovation', I should not fail to mention the establishment of our Emergency Medicine Centre (EMC) about seventeen years ago. This was certainly an innovative idea for a private hospital. Professor Lo Chung Mau, Secretary for Health during his last visit on March 28 was amazed to learn that we have been running a fully fledged emergency room service for years, 24 hours a day and 365 days a year, with no stoppage. Initially, we started with two Emergency Medicine Specialists, Dr Clara Wu and Dr Yau Fong Chi, leading a number of medical officers who only had general practitioner training. The situation was certainly not ideal when it came to having a cardiac arrest at the hospital doorstep. In order to gain the trust and confidence of the patients we served, a team of well-trained emergency room specialist doctors and nurses have been enlisted and ER (Emergency Room) equipment such as Lucas Chest Compressor and Glide-scope to facilitate intubation were installed. Eventually, our ER service was accredited by the Hong Kong College of Emergency Medicine and officially recognized by the Department of Health. Union Hospital is the only private hospital in Hong Kong with such achievements. Our ER service now boasts a team of 19 EM specialist physicians, mostly being full-time. In the year 2024, they treated or managed 76,242 patients. This figure compares well with the total attendance of 166,509 patients managed by the ER of Prince of Wales Hospital. Thus, we consider our EMC an integral member of the New Territories East Cluster of Hospitals!

At the turn of the present millennium, i.e., year 2000, we began to develop an electronic system for use by doctors and nurses in management of their patients in the wards and in various outpatient departments and satellite clinics. This is our CMP or 'Clinical Management Programme'. When fully implemented, it should be able to render Union Hospital a 'paperless hospital'! The most important function of the CMP is e-prescription, through which doctors' orders in prescribing will go directly to the Pharmacy with every detail for patient identification so that there will not be any problem with 'transcription error'. This is another big step forward in patient safety. The difficulty is implementation and compliance because doctors always find it easier to write on their progress notes rather than type it out on the computer or iPad keyboard. One of these days, I may have to resort to Donald Trump's tricks by writing out 'administration orders'!

In order to entice visiting doctors to adopt e-prescription and e-progress notes, they are being given remote access to real-time information of their patients in the hospital. This latter includes data on vital signs, updated laboratory results, and medical imaging reports. On discharge, the programme will be able to generate a discharge summary automatically after the attending doctor has completed the final diagnosis and typed in the discharge medications. With all the above available information, the CMP will be able to feed them into templates of claim forms from a variety of insurance companies. The doctor will get those required by the patient with a touch of his/her finger on the keyboard ready for the patient in the majority of cases! Presently our Information Technology Department is working on a smartphone version of the CMP for convenience of the doctors. At the same time, a PDF format of the discharge summary is being developed to facilitate upload of patients' information onto the eHRSS programme with their consent. I believe that this is a prototype of AI!

Lastly, I would like to remind our readers to make time to attend one of our major 30th Anniversary celebratory events, which is a medical symposium on June 22 2025 (Sunday) to be held at the Henderson, the new iconic landmark in Central. You should be attracted by the exciting programme covering frontier advances in medicine to be delivered by a star-studded panel of distinguished academics and researchers in various fields of medicine. I look forward to seeing you at the conference. So it is goodbye for now,

Yours most sincerely,

Dr Anthony K Y Lee

Chief Hospital Manager & Medical Director

SHARING CORNER

Comprehensive Mental Health Care at Union Hospital Child and Adolescent Psychiatric Services

Dr Tung Ka Yee
Consultant in Psychiatry
Union Hospital



At Union Hospital, our commitment extends beyond immediate health concerns. Our team embrace a holistic approach to mental wellness that spans all stages of life, with a special focus on supporting the younger members of our community. In today's fast-paced world, mental health is a critical pillar of overall well-being, yet it often receives less attention than physical health. Our multi-disciplinary team of mental health professionals, including psychiatrists, clinical psychologists, counselling psychologists, and speech therapists, are dedicated to change that narrative by offering specialized care that supports individuals from childhood through adulthood, ensuring that every phase of life is nurtured with expertise and compassion.

Services Offered

We provide a wide array of services aimed at addressing the mental health challenges faced by individuals at different life stages, especially focussing on child and adolescent stage:

Medical Treatment

Our psychiatrists are equipped to diagnose, prescribe medications and manage patients of various mental health disorders, such as

- Attention deficit & hyperactivity disorder (ADHD)
- Autism spectrum disorder (ASD)
- Early psychosis
- Mood problem: anxiety & depression; anger & irritability
- Social problems & adjustment, study stress problems
- Obsessive compulsive disorder
- Post Traumatic Stress Disorder
- Sleeping problems
- Tourette syndrome / tics
- Eating disorders

Assessments

Our clinical psychologists and speech therapist use a variety of tools and techniques to accurately diagnose mental health conditions.

- Initial Assessment of Preschool Child Development
- Attention deficit/hyperactivity Disorder (ADHD) Assessment
- Autism Spectrum Disorder (ASD) Assessment
- Specific Learning Difficulties Assessment
- Intellectual Assessment (IQ Test)
- Emotional & Behavioural Assessment
- Speech and language assessment



Psychological Intervention

We provide individualized therapeutic sessions cater to the emotional and psychological needs of children, adolescents, and adults.

- Psychological Intervention for a variety of mental health conditions
- New-Parent Counselling
- Parenting coaching, communication and play skills
- Parenting stress counselling

Speech Services

- Speech & language disorder (comprehension/expression, articulation problems)
- Voice Disorders (e.g., hoarseness)
- Stuttering
- Training for Specific learning disorder / dyslexia

Referrals

- Pre-school rehabilitation services
- Application to Education Bureau for allowance and accommodation for school and public examinations
- Department of Health Child Assessment Service
- Hospital Authority Child and Adolescent Psychiatric Service

A Collaborative Approach with Parents and Caregivers

The foundation of our practice at Union Hospital is our collaborative approach. We engage families in the treatment process for younger patients and offer supportive counselling and resources for adults, ensuring that our interventions are reinforced in every aspect of our patients' lives.

Case Example: Comprehensive Care for ADHD in a Primary School Student

Sheldon, a 9-year-old boy who came to our service as his teachers reported that he was having difficulty focusing in class and was often disruptive. His parents were struggling to manage his behaviour at home as well.

After a thorough assessment by our team, Sheldon was diagnosed with Attention-Deficit / Hyperactivity Disorder (ADHD). Our psychiatrist evaluated his need for medication and started him on a low-dose stimulant, while our clinical psychologist began working with him on behavioural strategies to improve his focus and self-control. Meanwhile, our counselling psychologist provided support to Sheldon's parents, equipping them with strategies to manage his behaviour positively and effectively at home.

Over time, John showed significant improvement both at school and at home. His teachers noted better concentration and participation in class, while his parents reported a more harmonious home environment.

At Union Hospital, our mission is to offer effective, compassionate, and comprehensive mental health care for all ages. Our team consists of experienced professionals including psychiatrists, clinical psychologists, counselling psychologists, and speech therapists. Each team member brings a unique set of skills and expertise, ensuring comprehensive care and support for our patients. Together, we work in synergy, combining our diverse skills to provide the best possible outcomes for our patients, whether they are dealing with the challenges of growing up, navigating the complexities of adult life, or managing the transitions of older age.

Team members profile:



Dr Tung Ka Yee
Consultant in Psychiatry
Clinical Associate Professor (Honorary),
Faculty of Medicine, CUHK



Ms Lee Mary
Clinical Psychologist



Ms Chan Hoi Ching, Bianca
Clinical Psychologist



Ms Heiki Lo
Registered Counseling Psychologist



Ms Kwong Ka Yi
Speech Therapist

For more information,
please contact us
at 2608 3222 for
booking appointment.



Pathology Department Unveils New Laboratory with Two Cutting-edge Automated Testing Systems

Mr Tsoi Chun Yip, Patrick
Senior Medical Technologist
Union Hospital

Union Hospital's Pathology Department proudly announces the unveiling of its newly expanded, state-of-the-art laboratory—now spanning an impressive 8,000 square feet. This enhancement from the previous 4,500 square feet underscores our commitment to delivering advanced, patient-centered healthcare services that meet the growing demands of our community.

Advancements in Laboratory Technology

A highlight of the expansion is the integration of two cutting-edge systems designed to handle both high-volume testing and complex diagnostics. These systems represent the forefront of laboratory technology, enabling us to provide faster and more accurate results.

Roche cobas® pro Integrated Solutions

The Roche cobas® pro platform is engineered for mid- to high-volume clinical chemistry and immunochemistry testing. This intelligent system delivers a streamlined workflow and short turnaround times, which are critical in today's fast-paced healthcare environment. Key features of this platform include:

- **Intelligent Sample Routing:** This feature minimizes manual intervention, enhancing both efficiency and accuracy in sample processing.
- **Continuous Reagent Loading:** Ensuring that testing can proceed without interruption, this capability maximizes laboratory throughput.
- **RFID-Tagged Consumables:** This technology helps maintain the integrity of samples and reagents, reducing the likelihood of errors.

The cobas® pro platform also boasts industry-leading incubation times, with 9-minute STAT and 18-minute routine immunochemistry assays. These rapid turnaround times support healthcare providers in making timely, well-informed decisions regarding patient care, which is especially crucial in emergency situations.

Sysmex XR-Series Automation

Complementing the Roche system is the Sysmex XR-Series automation, built upon Sysmex's renowned technology for haematology. This advanced system offers modular, scalable solutions that adapt to the laboratory's evolving needs. Its key features include:

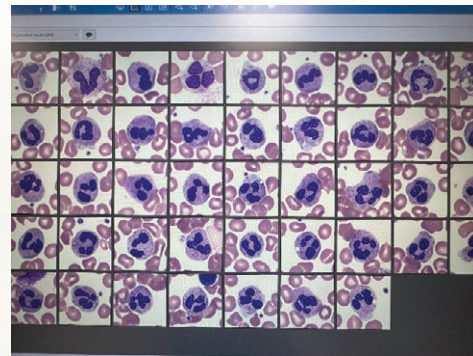
- **Advanced Sample Management:** This capability streamlines the process of managing samples, reducing the time lab personnel spend on these tasks.
- **3D Scattergram-Based Analysis:** This innovative technology enhances the precision of abnormal cell detection, allowing for quicker and more accurate diagnoses.
- **Digital Imaging (DI-60):** This feature provides additional support in identifying abnormal cells, further improving diagnostic accuracy.





Anniversary Celebration
仁安醫院三十周年

The XR-3100 configuration, in particular, is ideal for medium to high workloads. Its flexible layout can expand as the laboratory grows, ensuring that we can continue to meet the needs of our patients without interruption.



Increased Testing Capacity

By blending fully automated operations with these cutting-edge platforms, our testing capacity has soared. Clinical chemistry and immunology throughput now reaches up to 2,600 tests per hour. This significant increase not only enhances efficiency but also reduces the risk of human error, which is a critical concern in laboratory settings.

The speed at which we can deliver results has a direct impact on patient care. Rapid result delivery supports physicians in making prompt and confident decisions, which is essential for effective treatment and positive patient outcomes.

Commitment to Innovation and Quality

The expanded workspace of our pathology department is not just about current capabilities; it positions us for future growth and the introduction of new pathology services. Our commitment to innovation and continuous improvement means that we are dedicated to exploring additional automation systems, refining diagnostic methods, and ensuring the highest level of quality in every test we perform.

We recognize that the landscape of healthcare is constantly evolving, and we are committed to staying at the forefront of these changes. By investing in advanced technology and expanding our facilities, we are better equipped to respond to the needs of our community and healthcare partners.

A Focus on Patient-Centered Care

At Union Hospital, our primary goal is to enhance the quality of care for our patients. The advancements in our pathology laboratory are a testament to our mission of providing high-quality, reliable laboratory services. We believe that every test we conduct is critical to understanding and improving patient health.

As we embark on this exciting new chapter, Union Hospital's Pathology Department remains focused on delivering high-quality, reliable laboratory services to our patients and healthcare partners. We are excited about the future and look forward to the opportunities that lie ahead.

UNION HOSPITAL 30th ANNIVERSARY CELEBRATION



UH30 Kick-Off Ceremony X Extension Block Grand Opening

We are excited to announce that the UH30 Kick-Off Ceremony and the Grand Opening of our Extension Block took place successfully on 28 March 2025. The event was attended by nearly 100 esteemed guests, including government officials, management from HLD and Union Hospital, VIPs from various external organizations, department heads, staff members, and media representatives.

We were privileged to have Prof Lo Chung Mau, BBS, JP, Secretary for Health, as our guest of honour. He officiated the ceremony and unveiled the new Pathology Department. Guests had the opportunity to tour the semi-private single rooms on the 3rd floor and the newly established pathology laboratory our Extension Block, experiencing our advanced facilities first-hand.



The Kick-Off Ceremony received extensive media coverage, with over 30 mentions across various channels, including print articles, online news platforms, and broadcast news. Major media outlets such as TVB, NOW TV, RTHK, i-CABLE, and HK01 highlighted the significance of this milestone in our hospital's history.

UH30 Mini Exhibition at the Lobby

In addition to the ceremony, we have installed a mini exhibition in the lobby to celebrate Union Hospital's 30-year journey. This exhibition showcases our key achievements and our unwavering commitment to our core values: 'Caring. Reliable. Empathetic'. Visitors can also view a special UH30 video that brings to life the milestones of our hospital's history.



The content and video from the exhibition are available on our dedicated webpage for the UH30 celebration: www.union.org/en/uh30. We invite everyone to visit the exhibition and join us in celebrating this momentous occasion. Your participation will help deepen your understanding of Union Hospital's legacy and our ongoing dedication to providing exceptional healthcare.

UH30 Medical Symposium – March into The Future

Don't forget to register for our UH30 Medical Symposium, scheduled for June 22 at The Henderson, Central. This one-day symposium will feature a distinguished panel of esteemed speakers, including eminent medical leaders and industry experts, who will share their insights on the evolving healthcare landscape. As a valued partner of Union Hospital, we cordially invite you to join us.

To register at no cost, simply use the complimentary code **UH30MS** by May 30, 2025.

For more information and registration details, please scan the QR code.

Thank you for being a part of our 30-year journey!

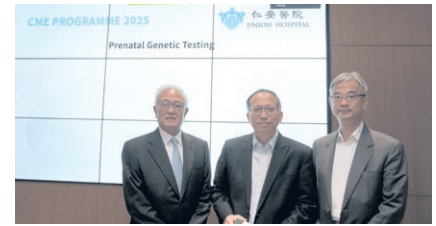


NEWS & EVENTS

Post-Event Highlights

CME Programme – Prenatal Genetic Testing (21 March 2025)

Dr Lau Tze Kin, Consultant in Obstetrics & Gynaecology at Union Hospital, recently delivered a lecture on the significance of pregnancy genetic testing. The session provided valuable insights into its implications for expectant parents. The talk was chaired by Dr Yu Kai Man, Head of the Department of Obstetrics & Gynaecology at Union Hospital, who facilitated meaningful discussions and encouraged interaction among attendees.



Award Recognition: The 25th Capital Outstanding Enterprise Awards – Outstanding Medical Services (25 April 2025)

Union Hospital is proud to receive the Capital Outstanding Enterprise Awards for Outstanding Medical Services (傑出醫療服務) in 2024. This recognition marks a significant milestone as we celebrate 30 years of excellence in delivering quality healthcare. It is a tribute to the dedication and hard work of all our healthcare professionals and staff who made this achievement possible.

New Union Hospital Website: Enhancing Care Through Innovation and Connection

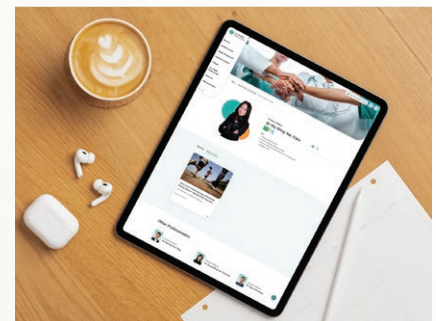
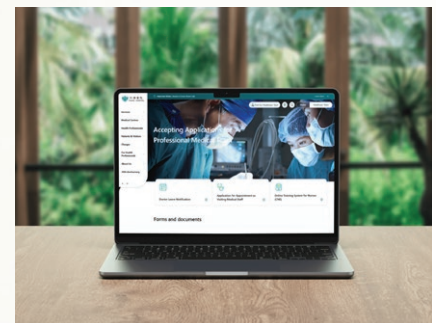
The new Union Hospital website was launched on 21 March 2025. This upgrade underscores our commitment to effective communication in modern healthcare, serving as a vital resource for both our patients and our dedicated healthcare professionals.

The redesigned website features an enhanced Healthcare Team section, equipped with essential tools such as **'Doctor Leave Notifications'** and **'Applications for Visiting Doctors'**. Additionally, we have streamlined access to resources for **'Continuing Medical Education (CME)'** and a collection of essential forms, making administrative processes more efficient for our physicians.

Patients will also benefit from improved access to our medical professionals. The Health Professional section now includes detailed profiles of our healthcare team, allowing patients to make informed choices. Each profile displays consultation schedules and various booking options, including telephone, WhatsApp, WeChat, online forms, and email, ensuring convenient appointment scheduling.

Moreover, we are committed to fostering trust and engagement through insightful content. The website features exclusive interviews and articles that highlight our doctors' expertise and dedication, promoting transparency and strengthening the doctor-patient relationship.

We invite you to explore the features and tools of our new website at <https://www.union.org/en/?panel=healthcareteam> or by scanning the QR code.



New Clinical Sessions

Specialty Clinic	
Booking & Enquiry: 2608 3366	Time Schedule
Paediatrics Dr Lau Wei Sze, Vercia	Wed 09:30 – 13:00 15:00 – 18:00
	Thu 09:30 – 13:00
	Fri 09:30 – 13:00

Plastic and Aesthetic Multidisciplinary Centre	
Booking & Enquiry: 2608 3211	Time Schedule
Dermatology (Aesthetic and Laser Surgery) Dr Lee Ching Him	Tue 14:00 – 18:00
	Wed 09:00 – 12:00

Union Hospital Polyclinic (Tsim Sha Tsui)	
Booking & Enquiry: 2375 3323	Time Schedule
Dietitian Consultation Ms Fong Man Kei, Phoebe	By Appointment (Mon - Fri)
Dietitian Consultation Ms Li Heung Ming, Joy	By Appointment (Mon - Fri)

Union Hospital Polyclinic (Ma On Shan)	
Booking & Enquiry: 2608 3377	Time Schedule
Paediatrics Dr Lau Wei Sze, Vercia	Mon 10:30 – 13:00 15:00 – 18:00
	Tue 10:30 – 13:00 15:00 – 18:00
	Thu 15:30 – 18:30
	Fri 15:30 – 18:30
	Sat 10:30 – 13:00

New Clinical Member

Please extend a warm welcome to the following health professional for joining our clinical team!



Dr Lee Ching Him
Specialist in
Dermatology & Venereology

Regular Meetings

Meeting :	X-Ray Meeting	Mortality and Morbidity Meeting
Date :	11 Jun 2025 (Wednesday)	9 Jul 2025 (Wednesday)
Time :	8:30am – 9:30am	8:30am – 9:30am
Co-ordinator:	-	Dr. YIU Ying Chang, Raymond Consultant in General Surgery, Union Hospital
Venue:	Training Room, 8/F MIC, Hospital Building, Union Hospital	
Booking & Enquiry:	2608 3160 (Quality Assurance and Training Department)	

CME Programme

Structural Heart Disease and Echocardiography

Date : 23 May 2025 (Friday)

Time : 2:00pm-3:00pm

(Lunch Buffet will be served at 1:30pm)

Venue : 2/F Seminar Room, Union Hospital

Speaker :



Prof. Alex PW Lee

Professor, Department of Medicine & Therapeutics

Faculty of Medicine,
The Chinese University of Hong Kong

Chairperson : **Dr Yannie O.Y. Soo**

Assistant Chief Hospital Manager
Union Hospital



On-site Registration



Online Registration (Zoom)

2608 3180

cme@union.org

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