

## **Guidelines for Husband Attending Caesarean Section in Operating Theatres (OPT)**

### **Workflow for Caesarean Sections**

1. The expectant mother will be transferred to the OPT admission area for verification of information. Please wait patiently at the waiting area. At the same time, the responsible Anaesthetist will meet the mother for a preoperative assessment.
2. After entering the operation theatre, the mother will receive Spinal Anaesthesia. The anaesthetic procedure will be performed by the responsible Anaesthetist and it will take 15-20 minutes approximately.
3. At the beginning of the operation, our staff will take you to the theatre room. You will be allocated a seat next to the mother.
4. Throughout the operation, please remain in your seat and provide support to the mother.
5. The newborn baby will receive a preliminary body examination conducted by the midwife. You are strongly advised NOT to leave your seat unless otherwise instructed by our staff.
6. If circumstances allow, your request to trim the umbilical cord of the newborn can be entertained under the instructions of the midwife. Please note that a prior notification to staff member is desired.
7. Request for family portraits with the well-groomed baby can be accommodated by our staff under normal circumstances.
8. Normally, after the photo is taken, your newborn will be duly transferred to the nursery for bathing and further assessments (e.g. body weight, head circumstances, etc). If necessary, the baby will be put inside an incubator for subsequent warming or care if deemed necessary.
9. Towards the end of the operation, you will be asked to leave the department and wait patiently outside while we continue to provide post-operative care to the mother.

### **Points to Note**

1. The main purpose of attending the Caesarean Section is to provide the mother with support and encouragement. It is therefore only suitable to accompany the mother when she is conscious under Spinal Anaesthesia.
2. To prevent surgical site infection, please avoid intruding on the sterile field or touching any aseptic items inside the room.
3. Husband is advised to stay by his wife's side throughout the operation. Permission and guidance should be sought for photo taking and video recording within the OPT area.
4. Please inform our staff immediately should you feel unwell during the operation.
5. The mother's safety and health are always our first priority. In case of any emergency situation arises during the operation, we may ask you to leave the theatre with very short notice. We thank you for your cooperation and understanding.

Produced by Union Hospital

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Our Hospital reserves the RIGHT to amend any information in this leaflet without prior notification