



## Procedure Information

### Examination under Anaesthesia

#### Introduction

Examination under Anaesthesia (EUA) is performed when a patient cannot be adequately examined without sedation or general anaesthesia (e.g. for reasons of physical or psychological discomfort) or to provide information that will help guide a subsequent surgical procedure. This is a simple and safe procedure. It may often be the first part of an operation and depending on the findings, the doctor may proceed to other surgical treatments during the same operation.

#### Outcomes

The expected outcomes of this procedure are determined for different indications. Discomfort or pain can be reduced during this procedure. It also helps to reduce the feeling of embarrassment and fear during the procedure. This procedure is an essential part of the assessment of patients prior to undergoing a variety of surgical procedures. For examples, eye or pelvic examination, cystoscopy, hysteroscopy and curettage, arthroscopy, etc.

#### Procedures

1. The procedure is usually performed under general anaesthesia.
2. Any necessary surgical examination and surgical or treatment are performed.

#### Possible Risks and Complications

1. Wound infection
2. Wound bleeding
3. Complications associated with anaesthesia (such as nausea and vomiting, chest infection, death(rare))

\*\* The risks listed above are in general terms and the possibility of complications is not exhaustive. Please understand that even though all procedures are carried out with utmost professionalism and care, this does not rule out the possibility of complications arising.

#### Pre-procedure Preparations

1. The doctor will explain to you beforehand about what may be found at the EUA and only with your signed consent, he/she will proceed to treat any conditions of his/ her findings as necessary. Therefore, the procedure and possible complications will be explained by your doctor and consent must be signed prior to the procedure.
2. Please inform the doctor and nurse all your past medical history, previous surgical operations, current medication and any complication with drug or anaesthesia. Please inform the doctor if you are taking medications that affect blood coagulation such as Aspirin, Plavix, Warfarin, Xarelto or Pradaxa, nonsteroidal anti-inflammatory drugs (NSAIDs) such as Ibuprofen, Naproxen and Chinese medicine.
3. No food or drink six hours before the procedure.
4. Please change into a surgical gown after removing all belongings including undergarments, dentures, jewellery and contact lenses.

5. Please empty your bladder before the procedure.

**Post-procedure Instructions**

1. After general anaesthesia, you may:
  - experience discomfort in the throat after tracheal intubation.
  - experience side effects of anaesthesia including feeling tired, drowsy, nausea or vomiting. Inform the nurse if symptoms persist or worsen.
  - feel dizzy after general anaesthesia. Please call for nurse assistance when getting out of bed to prevent a fall accident.
2. A normal diet may be resumed as instructed after recovery from anaesthesia.

**Advice on Discharge**

1. Immediately consult your doctor or return to the hospital for professional attention in the event of bleeding, severe pain, swelling, massive bleeding in examination areas, shivering, high fever over 38°C or 100.4°F, or any other unusual symptoms etc.
2. Any follow-up consultations should be attended as scheduled if necessary.

Should there be any enquiries or concerns, please consult the attending doctor.

Under the professional care of the doctor, you will gradually recover. We wish you all the best during your treatment and recovery.

If you have any questions after reading the entire leaflet, please write them down in the spaces provided in order for the doctor to further follow-up.

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Compiled by Union Hospital Operating Theatre (OT) Governance Committee

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Our Hospital reserves the RIGHT to amend any information in this leaflet without prior notification