


預防勝於治療

Prevention is better than cure

仁安醫院提供多種類型的健康檢查計劃，亦設有多種其他檢查項目以供選擇，務求完全適合不同人士的需要。

Union Hospital provides different types of healthcheck packages and a whole range of optional tests to accommodate individual needs.



 女士健康計劃
Well Woman Programmes

 男士健康計劃
Men's Health Screening Programmes

 知心計劃
Know Your Heart Programme

 腸癌普查計劃
Colon Cancer Screening Programme

 僱員健康檢查計劃
Employee's Check-up Package

 家務助理健康檢查計劃
Domestic Helper Check-up Package

 婚前健康檢查計劃
Pre-marital Check-up Package

 防疫注射計劃
(甲型、乙型肝炎疫苗及子宮頸癌疫苗等)
Immunization Packages
(Hepatitis A, Hepatitis B and HPV vaccines etc.)

仁安保健中心 Union Health Maintenance Centre

香港沙田大圍富健街18號
18 Fu Kin Street, Tai Wai, Shatin, Hong Kong
電話 Tel : 2608 3170 / 2608 3388
電子郵件 E-mail : union@union.org
網址 Website : www.union.org



仁安醫院尖沙咀保健中心 Union Hospital Health Maintenance Centre (TST)

九龍尖沙咀彌敦道132號美麗華大廈18樓1803室
Unit 1803, 18/F, Miramar Tower, 132 Nathan Road,
Tsim Sha Tsui, Kowloon
電話 Tel : 2986 1111



ISO 9001 : 2008
Cert. No. FS66763



Accredited by The Australian Council on
Healthcare Standards until June 2014

本院保留一切更改或刪改此單張之權利，而不作另行通知。
Our Hospital reserves the RIGHT to amend any information in this leaflet without prior notification.



仁安醫院
UNION HOSPITAL

健康檢查 Healthcheck



仁安保健服務
Union Health Maintenance Service

仁心、安心、貼您心

Tender • Loving • Caring



MAR/HMC-HC1102

隨著香港的繁榮進步，都市病愈趨普遍。如能及早發現潛在的疾病，治療及康復的機會亦相對提高，因此，定期的健康檢查更顯重要。

檢驗 / 檢查 Tests / Examinations



基本 Basic 標準 Standard 特級 Elite 精英 Executive 至尊 Supreme

化驗室檢驗 Laboratory Tests

全血球計算 Complete Blood Count	✓	✓	✓	✓	✓
腎功能 Kidney Functions					
尿素、肌酸酐 Urea, Creatinine	-	✓	✓	✓	✓
鈉、鉀、氯化物 Na, K, Cl	-	-	-	✓	✓
肝功能 Liver Functions					
膽紅素、谷草轉氨酵素、 谷丙轉氨酵素、白蛋白等 Bilirubin, SGOT, SGPT, Albumin etc.	-	-	✓	✓	✓
肝炎檢驗 Hepatitis Screening					
乙型肝炎表面抗原 HBsAg	-	✓	✓	✓	✓
乙型肝炎表面抗體 HBsAb	-	✓	✓	✓	✓
甲型肝炎抗體 HAV Antibody	-	-	-	✓	✓
丙型肝炎抗體 HCV Antibody	-	-	-	-	✓
血脂檢驗 Lipid Screening					
膽固醇 Cholesterol	✓	✓	✓	✓	✓
三酸甘油酯 Triglyceride	-	-	✓	✓	✓
血脂分析 Lipid Profile					
高、低密度膽固醇 HDL, LDL	-	-	✓	✓	✓
糖尿病檢驗 Diabetic Screening					
隨機血糖測試 Random Glucose	✓	-	-	-	-
禁食後葡萄糖量 Fasting Glucose	-	✓	✓	✓	✓
糖化血色素 HbA1C	-	-	-	-	✓
甲狀腺功能測試 Thyroid Screening					
促甲狀腺激素 TSH	-	-	-	✓	✓
痛風症測試 Gout Screening	-	-	✓	✓	✓

In Hong Kong, diseases associated with an affluent society are prevalent. Living in such an environment with an almost inevitable stressful lifestyle, regular annual health check-up becomes very important. It aims at detecting disease at its early stage and offering advice on preventive measures to reduce risk factors.

檢驗 / 檢查 Tests / Examinations



基本 Basic 標準 Standard 特級 Elite 精英 Executive 至尊 Supreme

化驗室檢驗 Laboratory Tests

梅毒 VDRL	-	-	-	-	✓
癌症指標測試 Cancer Screening					
前列腺抗原 (男性) PSA (Male)	-	-	-	-	✓
小便常規檢查 Urine Routine	✓	✓	✓	✓	✓
大便常規/潛血 Stool Routine / Occult Blood	-	-	-	✓	✓
柏氏子宮頸細胞塗片 檢查 (女性) Pap Smear (Female)	-	-	-	-	✓

醫療造影 Medical Imaging

胸肺部X-光 Chest X-Ray	✓	✓	✓	✓	✓
全腹腔超聲波 Whole Abdomen Ultrasound					
肝、胰、脾、膽、腎及盆腔 Liver, Pancreas, Spleen, Gall Bladder, Kidneys & Pelvis	-	-	✓	✓	✓
乳房X光造影 / 超聲波檢查 (女性) Mammogram / U/S Breast (Female)	-	-	-	-	✓

其他 Others

體質量指標分析 BMI (by Bioelectrical Impedance Analysis)	-	-	✓	✓	✓
排尿流動量測試及 膀胱超聲波掃描 (男性) Uroflowmetry and Bladder Scan (Male)	-	-	-	-	✓
心電圖 Electrocardiogram (ECG)	-	-	✓	-	-
肺功能測試 Lung Function Test	-	-	-	✓	✓
運動心電圖 Exercise ECG	-	-	-	✓	✓
國際前列腺症狀評分表 (男性) I-PSS (Male)	-	-	-	-	✓
身體檢查及全科醫生評估 Physical Examination & GP's Assessment	✓	✓	✓	✓	✓

費用 Charges \$720 \$1,200 \$3,838 \$6,050 \$7,950 (男性 Male) \$8,380 (女性 Female)

* 檢查套餐不適用於住院顧客 Check-up Packages not applicable to in-patients
* 有關檢查報告需約一星期 Reports usually available one week after check-up

已參加任何一種健康檢查計劃者，可視乎需要另加以下檢查項目，如同日進行，可獲高達八折優惠，詳情可向中心職員查詢。
Up to 20% discount offered to additional tests performed on the same day with healthcheck programmes to cater your individual need.

肺功能測試 Lung Function Test
運動心電圖 Exercise ECG
純音聽覺測驗 Pure Tone Audiometry
中耳聽覺測驗 Impedance Audiometry
排尿流動量測試及膀胱超聲波掃描 Uroflowmetry and Bladder Scan
血型及Rh因子 Blood Group / Rh Type
腫瘤測試 (癌胚抗原、鼻咽癌病毒抗體、甲種胎兒蛋白) Tumour Markers (CEA, EBVAb, Alpha-Fetoprotein)
關節炎測試 Arthritis Profile
愛滋病毒抗體 HIV Antibody
柏氏子宮頸細胞塗片檢查 Pap Smear (Female)
全腹腔超聲波掃描檢查 U/S Whole Abdomen
乳房X光檢查 Mammography
乳房超聲波 U/S Breasts
超聲波前列腺檢查 U/S Prostate
骨質疏鬆X光檢查 (脊椎骨及髋骨) Bone Densitometry (Spine and Hip)
皮膚點刺測試 Skin Prick Test

* 未必可於體檢當日進行 May not be done on the check-up day.

檢查須知 Preparations



- 檢查前禁飲食八小時或以上。
Do not drink or eat anything at least 8 hours before check-up.
- 如有需要只可飲用少量清水。
Only drinking sips of water is allowed when necessary.
- 須定時服藥人士可繼續按時服藥 (糖尿藥除外)。
Please continue your regular medication except diabetic drugs.
- 請攜帶所服用的藥物及以往之檢查報告。
Please bring your medications and past reports.
- 參加精英及至尊檢查者須準備運動裝束及跑步鞋。
For Executive and Supreme Packages participants, please bring sports wear & shoes.