

## Procedure Information

### Manual Reduction Prepuce

#### Introduction

Paraphimosis is a urologic emergency that occurs in uncircumcised or partially circumcised males. It is a condition in which the foreskin becomes trapped behind the corona and forms a tight band of constricting tissue. The foreskin cannot be pulled back to normal position that leading to the glans become red, painful and swollen. Manual Reduction Prepuce is a procedure to move the foreskin back to its normal position by manual manipulation.

#### Outcomes

The procedure can relieve pressure, swelling and pain of the penis.

#### Procedures

1. The procedure is performed under local anaesthesia.
2. A manual compression is slowly and steadily applied over the glans penis and edematous foreskin for 5 – 10 minutes.
3. The thumbs are placed on both sides of the urethral meatus. The index and middle fingers are placed proximal to the phimotic ring.
4. A force is applied to move the phimotic ring distally over the glans.

#### Possible Risks and Complications

1. Swelling
2. Pain
3. Infection
4. Bleeding
5. Failure to achieve reduction
6. Penile or foreskin lacerations

\*\* The risks listed above are in general terms and the possibility of complications is not exhaustive. You should understand that even though all procedures are carried out with utmost professionalism and care this does not rule out the possibility of complications arising.

#### Pre-procedure Preparations

1. The procedures and possible complications will be explained by the doctor and a consent form must be signed prior to the procedure.
2. You should change into a surgical gown after removing all belongings including undergarments, dentures, jewellery and contact lenses.
3. You should ensure your bladder is empty before the procedure.

## **Advices on Discharge**

1. Prescribed pain medication may be taken as needed.
2. Residual swelling is expected to subside in a few days.
3. Loose clothing is suggested to avoid pressure on the affected area.
4. You should immediately return to the doctor or hospital for professional attention in the event of severe penis pain associated with redness and swelling, bleeding, difficulty in urinating, fever over 38°C or 100°F, etc.
5. Any follow-up consultations should be attended as scheduled.

Should there be any enquiries or concerns, please consult the attending doctor. The attending doctor will be pleased to answer such enquiries and explain to you.

Under the professional care of the doctor, you will gradually recover. We wish you all the best during your treatment and recovery.

If you have any questions after reading the entire leaflet, please write them down in the spaces provided in order for the doctor to further follow-up.

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Compiled by Union Hospital Consent Form Committee

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Our Hospital reserves the RIGHT to amend any information in this leaflet without prior notification