

Operation Information

Laparoscopic Ovarian Cystectomy / Laparoscopic Salpingo Oophorectomy

Introduction

Laparoscopic Ovarian Cystectomy is an operation to remove an ovarian cyst(s). In case of heavy bleeding or there is any suspicious of ovarian cancer at the time of the operation, a Laparoscopic Salpingo Oophorectomy will be performed to remove the fallopian tube and ovary.

The hormonal status will not be affected if normal ovarian tissue is retained.

Procedure

1. The operation is performed under general anaesthesia.
2. A catheter may be inserted to empty the bladder.
3. 3 – 4 incisions are made in the belly button and in the lower part of tummy.
4. A laparoscope and surgical instruments are inserted through the small incisions to remove the tissue.
5. The wounds are sutured close.

Possible Risks and Complications

1. Bleeding
2. Damage to the bowels, bladder and big blood vessels
3. Infection, such as pelvic or wound infection
4. Deep vein thrombosis
5. Small chance of incisional hernia
6. Chance of Laparotomy if Laparoscopic surgery is not feasible

** The risks listed above are in general terms and the possibility of complications is not exhaustive. The patient should understand that even though all operations are carried out with utmost professionalism and care this does not rule out the possibility of complications arising. In the event of peripheral organ damage or post-operative haemorrhage or leakage, further operations may be required.

Pre-operative Preparation

1. The procedure and possible complications will be explained by the doctor and a consent form must be signed prior to the operation.
2. Routine tests may be performed before the operation.
3. Food or drink should be avoided for **at least six hours before** the operation.
4. The patient should change into a surgical gown after removing all belongings including undergarments, dentures, jewellery and contact lenses.
5. The patient should ensure her bladder is empty before the operation.

Post-operative Instruction

1. The patient may experience discomfort in the throat after tracheal intubation under general anaesthesia.
2. The patient may feel tired, drowsy, nauseous or even vomit after general anaesthesia. Inform the nurse if symptoms persist or worsen.
3. Heart rate, blood pressure and the wounds will be regularly monitored by the nursing staff.
4. Please inform the nursing staff immediately in the event of massive vaginal bleeding, abdominal distention or abdominal pain (pelvic cramps).
5. The catheter will be removed before discharge.
6. Prescription pain medication may be taken as needed.
7. The patient is usually discharged on the next day after the operation which may vary with the condition of the patient and type of operation.

Diet

A normal diet may be resumed as instructed after recovery from general anaesthesia.

Advice on Discharge

1. Recovery time usually takes 1 to 2 weeks.
2. Prescription pain medication may be taken as needed.
3. Most patients can resume normal physical activities after 5 days.
4. Tampons, douching and sexual intercourse should be avoided if there is still vaginal bleeding present.
5. The patient should immediately return to the doctor or hospital for professional attention in the event of massive vaginal bleeding, increasing abdominal pain (pelvic cramps), high fever over 38°C or 100°F or general discomfort, etc.
6. Any follow-up consultations should be attended as scheduled.

Should there be any enquiries or concerns, please consult the attending doctor. The attending doctor will be pleased to answer such enquiries and explain to you.

Under the professional care of the doctor, you will gradually recover. We wish you all the best during your treatment and recovery.

If you have any questions after reading the entire leaflet, please write them down in the spaces provided in order for the doctor to further follow-up.

Compiled by Union Hospital Consent Form Taskforce

The above information is for reference only, please enquire your physician for details
Our Hospital reserves the RIGHT to amend any information in this leaflet without prior notification