

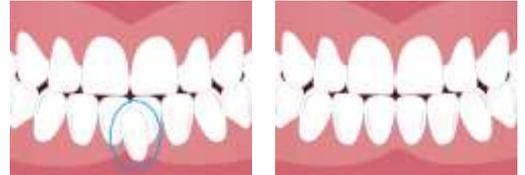


## Dental Procedure Information

### Extraction

#### Introduction

Extraction is the removal of teeth from the jawbone. It can be done by simple extraction using instruments such as forceps or elevators.



#### Outcomes

The purpose of this procedure is to remove the tooth with severe/ potential problem or not suitable to retain, or to prepare for another course of treatment like orthodontic treatment.

#### Procedures

##### 1. Simple Extraction

- Local anaesthesia is given to ensure that the teeth and their surrounding tissues are thoroughly numb.
- A pair of forceps is used to grip the tooth firmly and it is rocked gently to expand the socket for the tooth to be removed.
- Pressure pad is used to control bleeding.

##### 2. Surgical Extraction

- Local anaesthesia or general anaesthesia is given to ensure that the tooth and their surrounding tissues are thoroughly numb.
- Incisions are made in the gums to raise the overlying gum flap. The underlying bony tissues are removed. The tooth can then be dissected and elevated out.
- The incisions are closed with sutures.
- Pressure pad is used to control bleeding.
- Sutures are removed after one to two weeks.

#### Pre-procedure Preparations

The doctor will explain the reason, the procedure and the possible complications to you. You will need to sign the consent form.

#### Points to note after Extraction

1. You may experience mild discomfort in adjacent teeth after extraction.
2. Potential risks of complications and side effects including, but not limited to pain and swelling, infection, bruising, limited mouth opening, temporary or permanent numbness of lip / tongue / chin / cheek / teeth, blood clot in vessels, bone fracture, allergic reaction etc, for detail information, please consult your dentist.
3. Please contact the dentist or return to hospital in case of difficulty in breathing, excessive bleeding, persistent nausea and vomiting, abnormal pain, wound swelling or fever.

## **Aftercare of Extraction**

### **Wound Care**

Bleeding will subside when a blood clot fills up the tooth socket. The forming clot must keep intact to prevent further bleeding. Please:

1. Do not rinse mouth for the rest of the day.
2. Do not touch the forming clot with tongue or finger.
3. Blood stained saliva is common. Please do not rinse mouth.
4. If bleeding continues, place a clean gauze on top of the socket and bite hard on it for 30 minutes to suppress bleeding.
5. Contact the dentist or return to hospital if bleeding is not under control.
6. You may experience facial swelling, bruising and difficulty in mouth opening. Please do not feel panic as symptoms will subside few days later.

### **Diet**

1. Do not eat till effect of local anaesthesia (numbness) subsides.
2. Do not take alcohol or hot drinks.
3. After 24 hours, rinse mouth with warm saline (salt solution) for few minutes after meal.

### **Others**

1. Do not engage in strenuous exercise or work.
2. Take medication as per instructed.

## **Post Intravenous Sedation Instructions**

1. First 24 hours:
  - Do not drink alcoholic beverages. Alcohol may increase the effects of anaesthesia and sedation.
  - Do not drive, cook or use any dangerous equipment or tools.
  - Do not make any important decisions or sign any legal documents. You may be influenced by effect of anaesthetic drugs.
2. Take medications prescribed by the dentist.
3. You may experience dizziness or sleepiness following the surgery. You shall accompany with relatives or friend when leaving.

Should there be any enquiries or concerns, please consult the dentist.

Under the professional care of the dentist, you will gradually recover. We wish you all the best during your treatment and recovery.

If you have any questions after reading the entire leaflet, please write them down in the spaces provided in order for the dentist to further follow-up.

---

---

---

Compiled by Union Hospital Operating Theatre (OT) Governance Committee

The above information is for reference only, please enquire your physician for details  
Our Hospital reserves the RIGHT to amend any information in this leaflet without prior notification